



Week One Menu

Week beginning: 6th January and 27th January

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Sausage Mashed Potato and Gravy	Homemade Beef Lasagne	Roast Chicken served with Roast Potatoes Seasonal Vegetables and Gravy	Mild Beef Chilli Con Carne with Rice	Fish Fingers Served With Chips
VEGETARIAN	Vegetarian Quorn Sausage with Mashed Potato and Gravy	Vegetarian Lasagne	Cauliflower & Broccoli Cheese Bake	Vegetable Enchilada	Cheese & Tomato Pizza Served with Chips
POTATO/SANDWICH JACKET	Pasta with Tomato & Basil Sauce Ham or Cheese Sandwich	Jacket Potato Filled with Baked Beans and Cheese Ham or Cheese Sandwich	Pasta with Tomato & Basil Sauce Ham or Cheese Sandwich	Jacket Potato Filled with Baked Beans and Cheese Ham or Cheese Sandwich	Pasta with Tomato & Basil Sauce Ham or Cheese Sandwich
SIDE DISH	Selection of Seasonal Vegetables & Salad	Selection of Seasonal Vegetables & Salad	Selection of Seasonal Vegetables & Salad	Selection of Seasonal Vegetables & Salad	Selection of Seasonal Vegetables & Salad
DESSERTS	Lemon Sponge & Custard	Shortbread & Apple slices	Iced Chocolate Sponge	Apple Crumble & Custard	Fruity Friday

AVAILABLE DAILY:

Choice of Freshly Baked Flavoured or Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.