

FAMILIES AND COMMUNITIES TEAM



PARENT CARER WORKSHOP

Supporting children with anxiety.

Visyon's Family and Community Wellbeing Team are pleased to offer a **90-minute Parent Carer Workshop** which will provide information, advice and strategies to increase knowledge and understanding to empower parents to support their children confidently and effectively.

The workshop is available to families in **Cheshire East** and will be held **at Visyon in Congleton** for **face-to-face** delivery. If you would like to book a place, please contact the FamiliesandCommunitiesTeam@visyon.org.uk, who will contact you with further details. **Please state the workshop name and date in your email subject box and provide a contact number.** Places are limited and will be allocated on a first come basis.



Parent Workshop

Wednesday 5th July 2022 at 10:30am – 12.00 pm.