

Home Learning Information  
Wellbeing Activities



Learn how to finger spell using British Sign Language. Get a friend to learn too and see if you can sign each other a message.

<https://www.signlanguageforum.com/bsl/fingerspelling/alphabet/>

Make some playdough in different colours. Create a game with your family around a give theme. The Simpson characters. Can you guess each other's creations?

<https://www.bbcgoodfood.com/howto/guide/playdough-recipe>

### **Superhero Yoga**

Build superhero strength and have fun with yoga

<https://www.youtube.com/watch?v=fnO-IGEMOXk>

### **Family Bunting**

For each member of your family create a piece of bunting.

You could draw them as Superheroes. What is their superpower?

### **Quiz Night**

Take part in a family quiz night – here is a Disney quiz you might enjoy <https://www.youtube.com/watch?v=m7PAEKI2mhY>

