



'Together we can make a difference'

Sex and Relationship Education Policy

Date of review: Autumn 2017

New review date: Autumn 2019

Committee: Curriculum

The Ethos of Bexton Primary School

The governors of Bexton Primary School have agreed the following policy.

At Bexton Primary School, sex education is viewed as an important element in developing the whole child and in preparing pupils for growing up into adult life. This policy is advised by the DfE guidance document Sex and Relationship Education Guidance (ref. DfE 0116/2000) and supported by our PSHE policy and scheme of work.

Whilst we believe that all children should have equality in all aspects of the curriculum, we acknowledge that the diversity of faiths and cultures in our school should be respected and that sensitivity will be needed in dealing with issues around sex education.

Aims of the Sex and Relationships Education Programme

- To give opportunities for children to become suitably informed about sexual matters within a positive, caring environment which is essential for the development of a good self-image. This should lead to a child who is in charge and responsible for his or her own body.
- To encourage awareness, caring attitudes and respect for self and others.
- Sex education as endorsed by the National Curriculum should be more than just facts and information about the physical aspects of sex and reproduction: it should be about relationships and responsibilities towards oneself and others.
- Sex education should cover emotional, moral, legal, cultural and ethical dimensions. It will also encourage the development of personal safety skills.
- Sex education will be developmental and a foundation for further work in the secondary school.
- Sex education will help prepare children for the opportunities, responsibilities and experiences of adult life.
- Parents will be informed prior to the lessons in Y5 and Y6 in writing of the main topics to be discussed with the children.
- Aspects of sex education will be taught within the compulsory framework of National Curriculum science and the cross-curricular theme of health education. After consultation with staff, parents have the right to withdraw their children from the non-compulsory aspects of sex education.
- To counteract myth, misunderstanding, misinformation and folklore, and challenge stereotyping.

Objectives specific to Sex and Relationships Education Programme

- To know about the process of growing from young to old and how people's needs change (Year 1)
- To know that people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable) (Year 1)
- To know about personal safety, including knowing when to say 'yes', 'no', 'I'll ask' and 'I'll tell' (Year 2)
- To be aware of different types of relationships (Year 3)
- To be aware what positively and negatively affects their physical, mental and emotional health (Year 4)
- To begin to understand diversity in families (Year 5)
- To know what kind of physical contact is acceptable or unacceptable and how to respond (Year 5)
- To know about change, including transitions (between Key Stages and schools), loss, separation, divorce and bereavement (Year 5)
- To know how their body will, and emotions may, change as they approach and move through puberty (Year 5)
- To know about human reproduction (Year 6)
- To understand that differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability (see 'protected characteristics' in the Equality Act 2010) (Year 6)

Content of the Sex and Relationship Curriculum

Significant aspects of sex education are part of the National Curriculum for science. These must be taught to all children.

Key Stage 1 National Curriculum Science

Children are required to learn:

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
- Notice that animals, including humans, have offspring which grow into adults

Key Stage 2 National Curriculum science

Children are required to learn:

- Describe the changes as humans develop from birth to old age.
- Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents

All Year groups have specific objectives that aim to develop healthy and respectful relationships in the **PSHE scheme of work**. Specific sex education topics are covered in certain year groups:

Year 1-Special People

Year 5-Puberty – how the body works and changes.

Year 6-Sex education: Puberty, conception and birth.

Who teaches Sex Education?

In general, class teachers are responsible for teaching sex education within the National Curriculum for science and the curriculum for PSHE. In Year 6 the more formal sex education lessons will be taught by the Year 6 teachers and visitors including the school nurse. Sex education, on occasions where relevant or necessary, will be taught in single sex groups in Y5 and Y6.

Resources

Resources used will mainly be of five kinds:

- books
- teaching packs
- videos and/or television programmes
- leaflets
- outside speakers/visitors

It will be ensured that all resources and materials used are suitably matched to the relevant year group. When using any resource, consideration will always be given to the maturity, cultural and religious background and life experiences of the children involved.

At certain stages of the sex education programme it may be appropriate to invite parents to information sessions to view resources and discuss specific issues which may be covered.

Dealing with specific topics

Contraception

The giving of contraceptive advice to pupils under 16, without parental knowledge or consent would be an inappropriate exercise of a teacher’s professional responsibilities. If a pupil asks for advice on this subject, they should be encouraged to seek advice from parents.

Homosexuality and Transgender

Teachers have a responsibility to educate children about the diversity within society and should not promote one lifestyle above another.

Communication with Parents

Prior to the Y5 and Y6 Sex Education programme being delivered parents will be notified by letter. Parents have the right to withdraw their children from Sex Education if they wish. Parents of Y6 children are invited to discuss the delivery of the programme and areas covered.

Agreed at a meeting of the Full Governing Body of Bexton Primary School on

Signed..... Chair of Committee Date

Signed Head Teacher Date