



Sport Premium Funding

KSSP Impact Report

Sports partnership's effect within the schools and
the local Knutsford community

This report shows the impact of the sport premium funding the five Knutsford schools have used through the Knutsford Schools Sports Partnership during the school year 2014-15



Reason for the report

Information from the DfE:

“Schools must spend the additional funding on improving their provision of PE & sport, but they will have the freedom to choose how they do this.

Possible uses for the funding might include:

- *Hiring specialist PE teachers or qualified sports coaches to work with primary teachers when teaching PE*
- *Supporting and engaging the least active children through new or additional Change4Life clubs*
- *Paying for professional development opportunities for teachers in PE and sport*
- *Providing cover to release primary teachers for professional development in PE and sport*
- *Running sport competitions, or increasing pupils’ participation in school games*
- *Buying quality-assured professional development modules or materials for PE and sport*
- *Providing places for pupils on after school sports clubs and holiday clubs*
- *Pooling the additional funding with that of other local schools.”*

The KSSP is five local Knutsford primary schools; Egerton, St Vincent's, Manor Park, Bexton and Yorston Lodge, who advertised and thus hired Egerton Football Club to provide the schools with inter-school competitions for all age groups and to cover as many sports and activities to help promote local sports and sports clubs and a healthier lifestyle in and around the community.

The schools chose to use some of their funding to “pool together” for Egerton FC (“professional and qualified sports coaches”) to provide, organise, and deliver; one-off and regular tournaments, competitions, introductions to.. and leagues for a variety of sports spread across the school year and involving every school year group from reception up to Year 6 to “increase pupils’ participation” so pupils could get involved or more involved in school and local sports.



The KSSP is an inter schools project to give local schools the opportunity for competitive sports and a taster of new sports to sustain and create a long lasting interest in sport and a healthier future.

'Sports create both a physical and mental healthier future for its participants:

Mental benefits include:

- improved confidence
- relief of stress/tension and stress related illness

Physical benefits include:

- losing weight
- improved posture
- improved body shape

Social benefits include:

- Meeting people
- Making friends

Being a member of a sports club and regularly participating in sport will develop personal qualities from:

- Co-operation- working with other.
- Competition- testing yourself against others.
- Physical challenge- testing yourself against the environment or your best performance.
- Aesthetic apt recitation- recognising quality of movement in a performance.

What we would like to do is to promote, sustain, and grow local sport in this area for the community, through each school and club linking together to work for a common goal, a healthier future.

The pupils at our schools and players at our clubs could be the next Jonny Wilkinson, Andy Murray or Wayne Rooney but they are more likely to be the next Tom Howard, Alex Wetherby, or Sam Jackson- who? These are local PE teachers and sports coaches, who have enjoyed and learnt sports and are now giving back to their community to make it a better, happier and healthier place for younger people and keep the cycle going.



2014-15 Second year

After a very successful first year of the KSSP, plans were put in place to continue the project but enhance and improve the mission to create more of a link with the local sports club thus helping to improve the community.

The schools invited all the local sports clubs and societies to Bexton Primary school where the project organisers and school Head teachers explained the projects aims and potential impacts for the community.

“What we would like to do is to promote, sustain, and grow local sport in this area for the community, through each school and club linking together to work for a common goal, a healthier future.”

This was a very useful and helpful meeting which allowed the sports clubs to explain how they could help the project and thus allowing the KSSP to help them in achieving their targets.

The consultation with the sports clubs help the KSSP organise the calendar of events differently. The sports clubs advised which age groups would benefit most from their sport thus helping them in one of their targets, recruitment which in turn assisted to shape the calendar of events.

Sports participated in and the year (age) groups involved

| EVENT | AGE | | | | |
|-------------------------------|-------------------|-----------------------|-----------------|---------------------|--------|
| Family Fun Day | All | FOOTBALL LEAGUE | Yr 5/6 | ROUNDERS LEAGUE | Yr 5/6 |
| Cross Country competition | Yr 4/5/6 | NETBALL TOURNAMENT | Yr 5/6 | FOOTBALL FESTIVAL | Yr 1/2 |
| Tag Rugby tournament | Yr 3/4 | FOOTBALL TOURNAMENT | Yr 5/6 | FOOTBALL FESTIVAL | Rec |
| NETBALL LEAGUE | Yr 5/6 | SWIMMING | Yr 5/6 | CRICKET (MSSP) | Yr 5/6 |
| FOOTBALL LEAGUE | Yr 5/6 | SPORTS HALL ATHLETICS | Yr 5/6 | QUAD KIDS | Yr 5/6 |
| FOOTBALL TOURNAMENT | Yr 3/4 | Hockey | Yr 5/6 & Yr 3/4 | ROUNDERS TOURNAMENT | Yr5/6 |
| Mini Games | Yr 2/3 & Yr 1 | NETBALL LEAGUE | Yr 5/6 | Mini Games | Rec |
| Introduction to GYMNASTICS | Yr 3/4 Yr 1/2 | | | TENNIS (MSSP) | Yr 3/4 |
| BOXERCISE, An Introduction to | Yr 3 THEN Yr 4 | | | GIRLS' CRICKET | Yr 5/6 |
| GIRLS' AREA FOOTBALL FINAL | Yr 5/6 | | | Family Fun Day | ALL |
| Badminton | Yr 3 & 4 | | | | |



Decisions

How did the project come up with the calendar of events and which age groups did which sports?

After the initial consultation with the sports clubs after the community meeting, this was achieved through regular termly meetings between the school sports co-ordinators, head teachers and the project co-ordinators. The project co-ordinators made up with the provisional calendar and the sports co-ordinators clarified the dates and agreed with which year groups would be best suited, taking into account the views of the sports clubs and thus would most appreciate/benefit those events. The project co-ordinator chaired and reported each sports co-ordinator and head teacher meeting so that all decisions were recorded for all to view plus keeping a 'blueprint' for future decisions and plans.

Pupils

Each school entered a team, group or class into every event and thus each school had an average of about 75 pupils taking part in various sporting activities with many of them taking part in 3 or 4 plus some of the Year 6 pupils took part in every possible event they could, 7.

One of the criteria of the sports co-ordinators meetings was to clarify how many children took part in each event. Tournaments were open to as many pupils/ teams as the schools could cater for, e.g. Year 3/4 football was a 5 side tournament so schools enter multiple teams of 5 players or a squad of players with players taking it in turns to be substitute.

The table below shows how many pupils (or minimum number of) could take part in each event.

| EVENT | AGE | Pupils |
|----------------------------------|-------------------|-------------------------------|
| Family Fun Day | All | |
| Cross Country competition | Yr 4/5/6 | 15 boys 15 girls |
| Tag Rugby tournament | Yr 3/4 | Teams of 7 |
| NETBALL LEAGUE | Yr 5/6 | High 5 teams |
| FOOTBALL LEAGUE | Yr 5/6 | 7 aside squad of 10 |
| FOOTBALL TOURNAMENT | Yr 3/4 | 5 aside teams as many as want |
| Mini Games | Yr 2/3 & Yr 1 | 10 Yr 2/3 10 Yr 1 |
| Introduction to GYMNASTICS | Yr 3/4 Yr 1/2 | 4 Yr 3/4 4 Yr 1/2 |
| BOXERCISE, An Introduction to | Yr 3 THEN Yr 4 | 5 Yr 3 5 Yr 4 |
| GIRLS' AREA FOOTBALL FINAL | Yr 5/6 | 7 aside teams |

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| | | |
|-----------------------|-----------------|---|
| BASKETBALL | Yr 5/6 & Yr 3/4 | Teams of 5 side |
| SPORTS HALL ATHLETICS | Yr 5/6 | Min 9 max 15 boys Min 9 max 15 girls |
| Hockey | Yr 5/6 & Yr 3/4 | 5 aside teams |
| NETBALL LEAGUE | Yr 5/6 | High five teams |
| FOOTBALL LEAGUE | Yr 5/6 | 7 aside squad of 10 |
| NETBALL TOURNAMENT | Yr 5/6 | 5 aside teams as many as want |
| FOOTBALL TOURNAMENT | Yr 5/6 | 5 aside teams as many as want |
| SWIMMING | Yr 5/6 | 1 boys 1 girls for each race plus relay |
| Badminton | Yr 3 & 4 | 4 Yr 3 4 Yr 4 |
| ROUNDERS LEAGUE | Yr 5/6 | 9 aside team squad of 10 |
| FOOTBALL FESTIVAL | Yr 1/2 | 5 aside teams as many as want |
| FOOTBALL FESTIVAL | Rec | 5 aside as many as want |
| CRICKET (MSSP) | Yr 5/6 | 8 aside team |
| QUAD KIDS | Yr 5/6 | 4 boys 4 girls |
| ROUNDERS TOURNAMENT | Yr5/6 | 1 team of 9 |
| Mini Games | Rec | 10 pupils |
| TENNIS (MSSP) | Yr 3/4 | 2 boys 2 girls |
| GIRLS' CRICKET | Yr 5/6 | 9 aside team |
| Family Fun Day | ALL | Presentations |

The project and schools kept a database of which pupils took part in which events so as to reward those that represented their school the most. Each school performed a sports achievement ceremony as part of the Year 6's leaving celebration where those pupils received Gold, Silver and Bronze certificates with their name on in accordance with their efforts in embodying their school. The final event of the calendar was a 'fun day', where each sport set up a sporting challenge for the children to try- a skills test of each sport, e.g. football penalty, hockey pass, basketball drill, cricket bowl, rugby throw, cross country run/ slalom. Each school had a prearranged time slot when their pupils were to attend and at the conclusion of their time slot, after they had partaken in all the sporting challenges, the pupils were rewarded with a participation certificate.

Sports clubs

The local sports clubs were involved in the planning and promotion of each event and helping to fulfil the project's aims of creating a healthier community.

Each sports club involved in an event was to ask how they would like to help the event, e.g. ref, umpire, marshal, or advertise their club during the event. Some clubs sent senior and or junior members to officiate the events, allowing the activities to be run through knowledge and passion for the sport. Other clubs sent helpful information on how to run their activity plus advertisement for their club.

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Each event was run by qualified coaches, leaders or youth leaders with knowledge of how the sport should be played, through either their own playing experiences or an educational familiarity.

The project had a good link with the high school (Knutsford Academy) through using their large sports hall and using their youth leaders, local ex-primary school pupils and current local sports club members to help run and organise some the events with the support of the staff. This creating another community link, helping to spreading the project further into the community.



Survey and feedback on how the project worked for the pupils

During the first year of the project, the schools and the project co-ordinators wanted to know if the project had been a success and if there was scope for amendments, so it was decided that the school sports co-ordinators and the project co-ordinators would compile a survey for the schools' pupils to fill in to receive their feedback.

12 questions were collected to find out information about: who participated, why they participated, what they enjoyed, what they learnt and how it has affected their participation in sport in and out of school.

These were survey questions:

Q1: Please select

- Girl/ boy

Q2: Which school do you attend?

- Egerton, Manor Park, Yorston, Bexton, St Vincents

Q3: What year are you in at school?

Q4: Are you a member of a local sports club? Please state how many.

Q5: Tick the sports you have participated in this year through school?

- Football, Rounders, Sports hall athletics, mini Olympics, netball, quad kids, basketball, swimming gala, hockey, cricket, netball, badminton, tennis, cross country, tag rugby, gymnastics,

Q6: Which competition have you enjoyed the most?

Q7: Have you tried a new sport this year?

Q7a; if yes, which one? If no, why?

Q8: Have you taken part in an after school sports club this year?

Q9: Have you joined a new club this year out of school?

Q10: What sport would you most like to try next year?

- Basketball, Rounders, gymnastics?

Q11: What have you enjoyed most when playing sport this year?

Q12: Why is it important to take part in sports?



Analysis

The schools used a programme called Survey Monkey, a child friendly programme that makes it easy to be used by the pupils and to send the survey to all pupils, either via parent-mail or during a class lesson. Each question had its responses transformed into data to be analysed.

The data brought up some very fascinating and supportive evidence for the project to help the schools to show how the project has affected their schools' pupils and the local community.

The first question was about the gender of the participant; the result showed that there was nearly a 50/50 split between boys and girls taking part – 50.57% boy and 49.43% girl. This is a great stat; it shows that both boys and girls in equal numbers are participating. This is important to show that sport is for all and not male dominated, as proven in the non-specific gender events where boys and girls could play together, and they did play together, the year 5/6 football league had girl footballers and the Year 5/6 Netball had boys team members as well as mixed gender teams at the basketball event. With the younger age groups, there was a lot of 50/50 split for the events where schools asked for volunteers and got good responses from both genders to be involved. In the local community at youth level the majority, if not all sports clubs have boys and girls teams/ sections and these teams have developed from supporting the KSSP events through seeing/ working with both genders.

Question 8 is significant for the schools in regards that they have used their funding to increase sports participation.

Q8, Have you taken part in an after school sports club this year?

- 68.13%Yes

Just less than three quarters of the surveyed participants joined in in a school sports club thus showing that sport has a huge number of participants within our schools and that the money is being used successfully.

Question 4 and 9 are linked;

Question 4 asked how many pupils were members of a sports club.

The survey showed a **10% decrease** in not being a member of club: 36.09% were not part of a club in 2013/14 but only 26.09% in 2014/15.

A great **59.81%** in 2014/15 were part of one or two sports clubs compared to 43.79% being part of 1 or 2 clubs in 2013/14.

In 2013/14 20.12% were part of 3, 4 or more sports; match up to 16.82% in 2014/15, a slight decrease, maybe due to children specialising in one or two sports or time issues?

Question 9 asked have you joined a new sports club out of school – 48.49% had and 51.51% had not joined a new sports club. A near 50/50 split, virtually the same as the previous year: 50.60% had and 49.40% hadn't in 2013/14

The data shows that there has been an effect on club membership through participating in the school events; children have created a pathway to pursue sport outside of school through



an increase in number of children taking part in competitive and non-competitive sport in school/ through school co-ordination.

This shows that the project has helped the community by increasing the numbers of (new) members in local sports clubs and a creation of a healthier area.

Question 6 and 10 show a good starting point for the local clubs:

Q6: Which competition have you enjoyed the most?

| | |
|-----------------------|--------|
| Football | 40.41% |
| Rounders | 7.19% |
| Sports hall Athletics | 2.05% |
| Mini Olympics | 2.40% |
| Netball | 7.19% |
| Quad Kids | 0.68% |
| Basketball | 3.08% |
| Swimming Gala | 4.45% |
| Hockey | 1.71% |
| Cricket | 4.45% |
| Netball | 1.37% |
| Badminton | 1.37% |
| Tennis | 2.74% |
| Cross-country | 5.14% |
| Tag Rugby | 4.11% |
| Gymnastics | 11.64% |

Q10: What sport would you most like to try next year?

| | |
|-------------------|----------------|
| 2013/14 stats: | 2014/15 stats: |
| Badminton 23.95% | 34.33% |
| Basketball 45.51% | 44.78% |
| Gymnastics 30.54% | 20.90% |

As you can see the basketball has stayed the most popular sport to try, with badminton becoming more popular.

This data helps the project co-ordinators know which sports were successful as well as helping the local sports clubs know which sports the children are focused on and are engaging with, so those clubs can either support and sustain those sports or introduce the pupils to a new activity through performing an event or after school club to increase participation in their sport. Furthermore, this data lets the co-ordinators know which event require help, support and promotion from within or through the help of the local community/ sports clubs.



Questions 11 and 12 were included to allow participants an open ended answer thus giving the schools extra knowledge of the effect of the events on their pupils and to understand individual thinking and reasons why they participate:

Q11: What have you enjoyed most when playing sport this year?

(All quotes are from the survey responses, spelling and grammar errors included for authenticity)

- "how much variety there was"
- "Being about to challenge yourself and do things right."
- "Being with friends and being outside, I also like being out after being at school all day"
- "Winning and playing as a team" – Year 6 pupil, boy
- "I have enjoyed being with my friends and doing and learning new sports"
- "Learning new sports." plus "Learning new things." plus "I have enjoyed learning how to do good techniques in lots of sports."
- "I have enjoyed playing against other schools"
- "playing in a team with my friends"
- "participating and representing our school but most importantly having fun."
- "Working with different people, that I didn't think I would get along with." plus "playing with different people and trying new things."

And a couple of sport specific quotes:

- "having fun or hitting the ball in rounders"
- "cricket because i lie doing team work."
- "Being centre in netball."
- "WINNING THE SCHOOL FOOTBALL CUP"
- "I have enjoyed learning to kick a football"
- "hockey because it has lots of fun detail"
- "When I almost came 1st in the swimming gala"



Q12: Why is it important to take part in sports?

- "It's fun and gives you energy and you get to play with friends longer"
- "To keep fit and healthy" – this is the most popular answer with over 60% stating this as their response.
- "because it is good to try new things because you might like it and its exercise"
- "so you are at one with rest of the community"
- "Confidence, being a team player, fitness, mental well being, determination, learning new skills, body/muscle development, learn from failure"
- "leadership and good sportmanship and teamwork"

The survey is useful for many reasons to the schools when planning their sports clubs and using the sports funding.

The data can help with:

- Able and talented register developed – create an extra sporting session for those A& T pupils.
- A&T individuals are channelled towards certain after school and external sports clubs – allow time for exceptional performers to partake in their activity.
- Development of children's leadership skills – 'playtime buddies'.

Action Plan for the coming year

The analysis from the survey helped create the calendar of events for the following year. The data and feedback showed that year 3/4 would benefit from a basketball event- as this was popular with that age group and the same for girls wanting to play football at that age, so they will have a 3/4 and 5/6 girls football tournament.

Another criterion is to create and show sporting pathways for the pupils. This could be achieved through the use of ex-pupils as youth leaders. These youth leaders would be; referees, coaches, or umpires in the events, helping the pupils achieve their coveted outcome, win or develop or just complete. The youth leaders would be role models for the participants as well as being able to engage with the pupils to develop confidence and support in the child.

A desired action for the coming year's events will be that each event is supported by a local community sports club, either through club members leading, supporting the event or for that club to send representatives to advertise (talk to the children, hand out information about) the sport.



Conclusion

The five local schools have collaborated to create and retain sports and a healthy environment within their community for a second year through their involvement, planning and organisation of the Knutsford Schools Sports Partnership (KSSP).

The schools have used their sports funding well. With the use and consultation of the project contractor Egerton F.C. to provide a wide, varied and suitable programme of sporting events to cover as many favourite, popular and rare sports and activities to fulfil all aspects of a sporting and healthy community to meet and achieve all Government and community sporting targets.

The success of the project is showed through larger participating numbers and that the wider sporting community wanted to be involved to promote and support their activity.

The full impact is easily seen through the amount and variety of pupils taking part and enjoying the events. With an near 1,415 possible competitors, usually pupils doing more than one event so around about 500 different pupils from Reception to Year 6, boys and girls, 'Able & talented' to 'that sounds fun' participating in events and then maintaining an active interest and even following through with this interest and joining a local sports club to further their involvement. This highlights that the project has impacted the whole community and thus is succeeding in its aims and goals of creating a more healthy community and sustaining sport and the chance of create the sports stars of the future.

And finally, the impact of the project and sports:

Why is it important to take part in sports?

"To keep fit and enjoy playing with my friends." Year 2 pupil



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